

Forever a Student

As I enter life after the Master of Arts in Education program from Michigan State University with a wealth of new knowledge I am left with the question, what's next? My goal as a future learner is to become a more effective and efficient teacher and coach. More specifically, evolving as a teacher and coach by incorporating technology into both the classroom and athletic field. As a teacher and coach you are constantly learning and adapting to your students and athletes. Having the ability to adapt to each of those individual students and their unique learner style requires us to get to know them, be around them, and learn what motivates them and what doesn't. This immersion into teaching and students/athletes will help me be better equipped to adapt to my students and athletes and give me the ability to accomplish my goal.

Teaching

Physical education has had its shares of ups and downs during my tenure as a teacher. Many finally strapped districts have had to cut physical education and sports programs. At the same time childhood obesity rates have hit an all time high. This makes your time with your students even more important. I feel technology can help bridge the gap between time with your students and motivating them when you are not with them. We are in an age of technology and our students are learning to use them an early age. Technology has several different uses in a physical education classroom. It can be used as an assessment device and track students progress towards health or fitness goals. It can be used to communicate with your students when they are away from school. It can be used as an instruction tool to demonstrate related exercises or games to students. One of the most beneficial could be the tracking abilities for students. Students can teach their daily exercises as a well as diet and that can be used as an assessment for instructors. As part of my goal I am going to try and integrate these technologies into my classroom to make me a more effective and efficient teacher. I will continue to grow my knowledge of technology through professional developments, through peers, and through research from online sources.



Coaching

Much like Physical Education, technology has become a more integral part of coaching as well. We use technology on a daily basis to break down practice and game footage. Technology helps us work more efficiently by streaming lining our evolution process of both opponents and athletes. We have the ability to better game plan for opponents and evaluate our team and players. More recently technology has become

available to allow us to break down and evaluate an athletes individual skill. This will allow us not only evaluate our team as a whole, but individually and position specific as well. Technology can also assist in the communication between large groups of people. When coaching you often have to communicate with not only other coaches, but players and parents as well. As part of my goal I am going to try and integrate these technologies into my coaching to make me a more effective and efficient coach. I will continue to grow my knowledge of technology through coaching clinics, through peers, and through research from online sources.